

Are you looking for a non-judgmental and objective perspective?

Have you felt stuck with no new ideas on what to do next?

Would you welcome the chance to “hear yourself think” and gain some new strategies to do things differently?

Want to have encouragement and guidance from a distinctively Christian viewpoint?

Looking for ways to improve and enhance your personal relationships: spouse, child, friend or co-worker?



“Cast your cares on the Lord and he will sustain you”.
Psalm 55:22

Christian Counseling



David E. Brown serves as lead counselor. Trained and certified as a Director of Christian Education (DCE) he is also a Licensed Professional Counselor (LPC) and a National Certified Counselor (NCC). He is a professional member of the

American Association of Christian Counselors (AACC), is listed in the National Registry of Marriage Friendly Therapists, the national directory of Discernment Counselors and the Focus on the Family therapists directory.

He brings over 25 years of experience working in the areas of marriage enrichment and relationship education. David has been married for over 40 years and has two adult children.

Kristin Hardy, also a trained DCE, is a Limited License Professional Counselor (LLPC) and a National Certified Counselor (NCC). While skilled in counseling all ages and life stages, her specialty is child and adolescent counseling. Her passion is helping children and youth deal with life’s issues and struggles and supporting them as they find their way.



She’s served as Confirmation Director at Trinity Lutheran Church and also worked with L’Anse Creuse Public Schools. Kristin has been married for over 14 years and has three children.

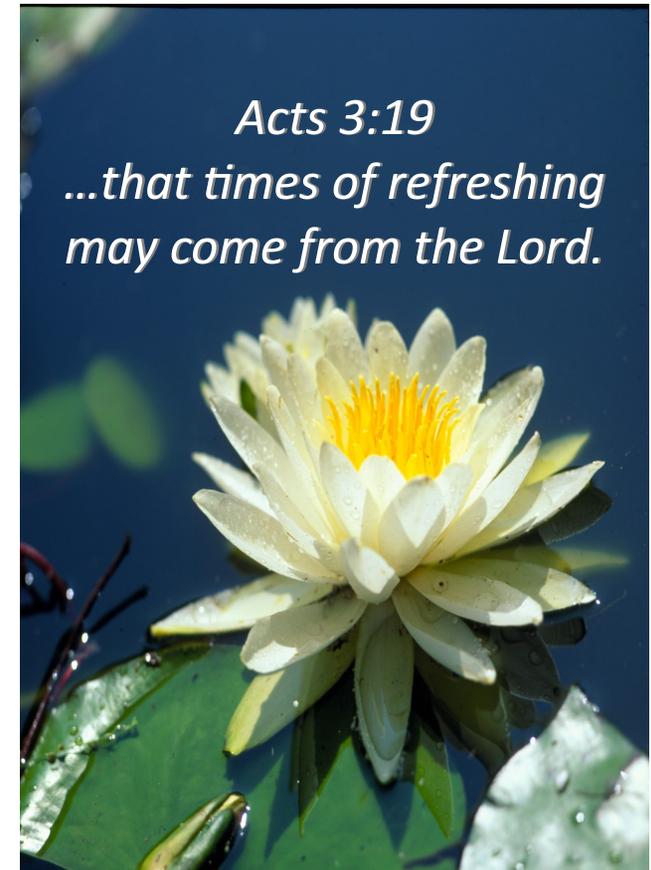


trinitylutheran
worship, grow, serve, share

Trinity

Christian Counseling

Refreshing relationships through Christ-centered professional counseling



Acts 3:19
...that times of refreshing may come from the Lord.

A ministry of Trinity Lutheran Church,
School, and Early Childhood Center
38900 Harper Avenue
Clinton Township, MI 48036
586.463.2921 www.trinityct.org

At times, we desire change, but lack the energy or motivation to get started.

Psalm 51:12 asks God to “grant me a willing spirit to sustain me.” Or to paraphrase *God, help me want to* – “want to”. So, if you are tired of sitting on “good intentions” and are ready to move on, here’s what to expect.

In the counseling session, you’ll set goals, describe your desired outcome, and discover your role in making those changes. You’ll identify new approaches and strategies you may have overlooked.

Some target areas include:

Relationships: premarital, marital, divorce prevention, interpersonal relationships; parent, teen and family

Parenting education: transition to parenthood, parenting through the life cycle, step-parenting

Grief and loss issues: loss of a loved one, divorce recovery, job loss, health issues

Life challenges: depression, anxiety, elevated stress, financial tensions



How do I make an appointment?

Call 586-468-0401 or email:
counseling@trinityct.org

How long are sessions and what times?

They are 50 minutes in length. Monday—Thursday, regular hours between 8:30 a.m. and 8:30 p.m.

What is the cost? The standard fee is \$90 per session. A sliding fee scale based on household income is also available. Some insurance is accepted on a very limited basis. For Trinity members, there is no charge for the initial consultation session.



What about confidentiality? You receive private and confidential counseling. Exceptions are danger to self or potential for harm to others which will be reported as required by law.

Prior to your first session, you’ll complete an intake form providing some basic background information about your particular needs and goals.



Where are the sessions held? The counseling offices are in Suites 300 and 309 of the Olympia Building, 117 Cass Avenue, Mt. Clemens (near Cass and Gratiot)

Do I have to be a Trinity member to receive counseling? No, this ministry serves not only our congregation, school and early childhood center, but the community as well.

